

ACLU Virginia

HE FUTURE

A Guide to the Virginia Legislature

HOW THE GENERAL ASSEMBLY WORKS



140

seats in the Virginia General Assembly

40 Senate Districts
100 House of
Delegates Districts

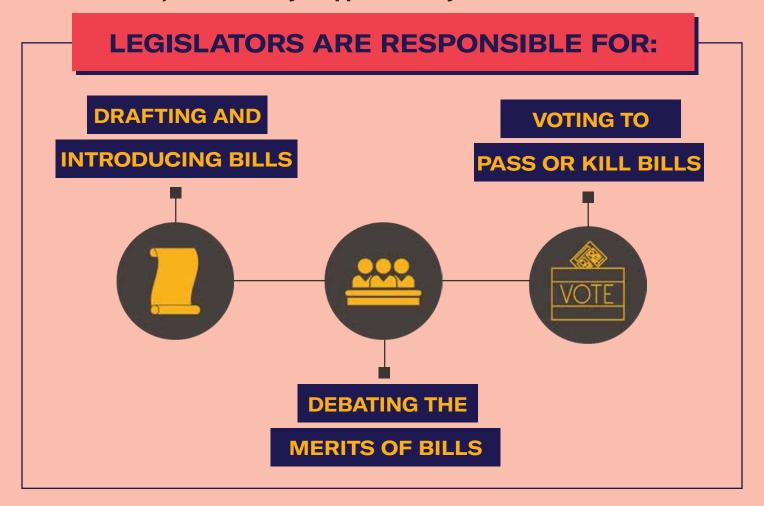
EACH GENERAL ASSEMBLY
MEMBER MUST BE:

- at least 21 years of age at the time of the election,
- residents of the district they represent, and
- qualified to vote for members of the Virginia General Assembly.



VIRGINIA ELECTS 40 SENATORS AND 100 DELEGATES.

State Senators are elected **every four years**, and Delegates are elected **every two years**. General Assembly elections **always happen on odd years**, and there are no term limits.



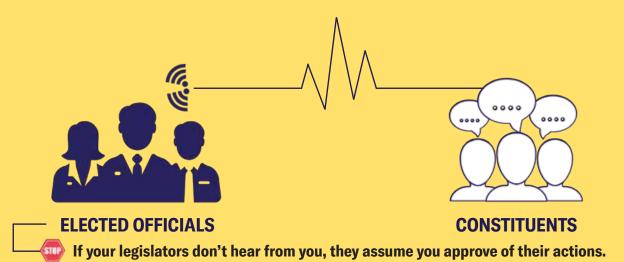
The Virginia General Assembly session starts on the **2nd Wednesday of January** every year.

The legislature meets for 60 days in even years and 30 days in odd years, which has traditionally been extended to 45 days.





LEGISLATIVE ADVOCACY





WAYS TO CONTACT YOUR LEGISLATORS





Know your house and senate district and the names of your legislators.

TIP 2

Plan out what you will say.

TIP 3

Remember to mention the bill number (if any) and why you are calling or writing.

TIP 4

Make it short and sweet. Get to your point quickly.

TIP 5

Tell a personal story they can connect to.

TIP 6

Problem, solution, action (i.e. "Vote yes on HB xxxx!").

WAYS TO CONTACT YOUR LEGISLATORS

MEET THEM IN PERSON/VIRTUALLY

STEP ONE
Schedule your meeting.

STEP TWO

Be flexible and patient.

STEP THREE
Prepare and educate yourself. Establish clear goals.

STEP FOUR
Follow up and say thank you!



TIP 4

ENGAGE WITH THEMON SOCIAL MEDIA



Follow and comment on your legislator's page.

TIP 2
Ask them where they stand on issues.

Urge them to support or oppose bills.

Share our content on social media @acluva and tag your legislator.

CONNECT WITH YOUR LEGISLATORS EARLY AND OFTEN!

IMPACT YOUR COMMUNITY



WRITE A **LETTER TO THE EDITOR**



STAY CONNECTED WITH US

(SUBSCRIBE TO OUR EMAIL LIST & FOLLOW US ON SOCIAL MEDIA)



JOIN PEOPLE POWER

(WWW.PEOPLEPOWER.ORG)



PUBLIC MARCH OR PROTEST



SHOWING UP IS VITAL. NO MATTER HOW YOU DO IT.

With your efforts, stories and voices, we can move mountains and build a Commonwealth in which everyone belongs.



